



## Training Game U-6 Players

### Target Practice

**Skill:** Passing/Shooting

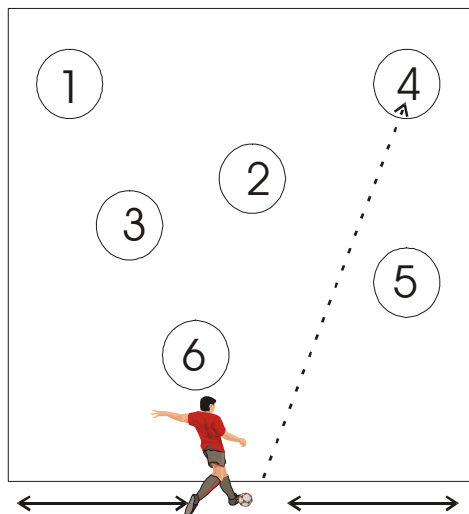
**Number Of Players Required:** Full U-6 team

**Equipment:** 4 cones to mark grid, 6 or more hoops, 1 ball for each player.

**Grid Requirement:** 20 X 20 yard grid

**Organization:** Create a 20 X 20 yard grid marked with cones. Place 5 or 6 hoops (hula hoops work well) randomly within the grid.

**How The Game Is Played:** One at a time each player tries to kick and have his or her ball stop within the hoop. The first player to keep a ball within all the hoops is the winner. After a miss the next player is up. Players can shoot from any place on the line.



**Variations:** Allow players to only use left foot, right foot, or the outside of R or L.