



Coach Code of Conduct

- I can demonstrate the ability to manage situations (with players, parents, officials, etc.) in a calm and collected manner.
- I will avoid confrontations and serve as a positive role model for youth.
- I will use a self-control routine to avoid losing my composure (sit down, walk away for a moment, let the assistant help, etc.).
- I will not physically grab or hit any player, coach, or spectator and understand this is grounds for removal.
- I can demonstrate high organizational skills (training sessions, schedules, rosters, contact information, etc.).
- I can manage training sessions in an efficient and productive manner.
- I will use effective communication skills (timely correspondence and meetings with parents, giving clear instructions to players) and positive communication skills both verbally and non-verbally.
- I will refrain from using vulgar and unclean language.
- I will refrain from negative comments about the other team's players, coaches, officials, etc. so that I do not negatively influence my players' overall experience.
- I will arrive early and be prepared before training sessions and games to get the field set up and organized for smooth transitions and to produce effective outcomes.
- I will not leave a child alone at the field after a game or practice and will ensure they have been picked up before leaving the field.
- I will attend all coach meetings where possible.
- I will ceaselessly study the game and work to improve the craft of coaching.
- I will attend other club team games where possible to observe and learn.
- I will keep winning and losing in proper perspective. I understand that success is not directly linked to winning. Setting and achieving team and individual goals aids in true player development.
- I will set an example for players in Honoring the Game by teaching and demonstrating respect for ROOTS (Rules, Opponents, Officials, Teammates, and Self).
- I will seek to fill the "Emotional Tanks" of the players regardless of scoreboard results. I understand that, like the gas tank of a car, a full emotional tank can take people almost anywhere. The best fuel is an average of 5 specific, truthful praises for each specific, constructive criticism.
- I will use encouragement and positive reinforcement as the primary methods of motivating.
- I will strive to adopt an athlete-centered approach to coaching.
- I will ask questions and involve players in the decision-making process as much as possible.
- I will refrain from micromanaging the game. The intelligence needs to be on the field, not on the sideline and I will refrain from stealing from players the opportunity to learn for themselves by controlling their decisions for them.
- I will clearly identify and respect the roles of the head coach, assistant coach, officials, parents, and players.
- I will plan training sessions to keep kids active and engaged.
- I will avoid long lines, lectures, and laps as much as possible.
- I will avoid over-killing sessions with too many topics.